

## CLIENT PHOTOGRAPHY GUIDE

# Thigh Lift.

### DO I HAVE TO TAKE PHOTOS?

It's normal to feel anxious about taking and submitting personal photos. However, they are an essential part of your Plastic Surgery journey and are used in a number of ways:

- As a planning tool for your Surgeon
- To inform your Surgical Quote
- As a baseline to measure your results

Trust us. No one is more understanding of the necessity of maintaining privacy throughout your plastic surgery journey than we are. Like other personal client information collected during your journey, your photos remain confidential.

### INSTRUCTIONS

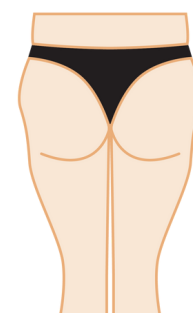
To assist your Assessment, please:

- Have someone else take the photos
- Ensure photos are clear and in focus
- Take photos as close as possible
- Take the photos in good lighting
- Try to reduce shadows on the body
- Stand in front of a plain wall
- Remove all garments, except underwear
- Take photos in a standing position

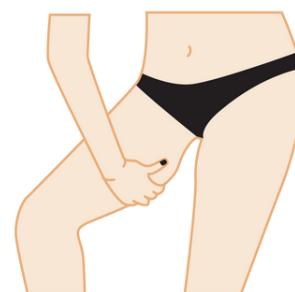
### PHOTOS WE REQUIRE



**FRONT**



**BACK**



**PINCHING THIGH**

### SUBMITTING YOUR PHOTOS

If photos are larger than 1MB, please email each photo separately to [info@cosmeditour.com](mailto:info@cosmeditour.com)